



Swim Lessons

Southeast Polk High School Pool

Beginners to Advanced

4—25 minute lessons—\$100

Weekly lessons start June 8

USA Swimming Certified Coaches

Swimmer to Coach Ratio 4 (max) to 3

**HEATED
INDOOR
POOL**

**MONDAY
THRU
THURSDAY**

**7:00 am
until
9:30 am**

**REGISTER
ONLINE**



For more information e-Mail rsheadcoach@gmail.com

www.ramsswimmingia.com