

Southeast Polk Health Procedures

The school nurse, using professional judgement after performing proper assessments, will determine whether or not a student must be excluded from school for the remainder of the day due to illness or injury. In order to promote, maintain and restore health, these basic principles regarding ill students will be followed:

- A student with a fever of 100.6 or greater must remain home until their temperature is normal for 24 hours without fever-reducing medication.(i.e.: Tylenol, Motrin)
- A student who has been vomiting or having diarrhea needs to remain home for 24 hours after the last vomiting or diarrhea episode. This will help eliminate children returning to school while still ill.
- The regulations set by the Iowa Department of Public Health are the guidelines used to determine exclusion and re-admittance of students with communicable diseases. Examples of those diseases are chicken pox, conjunctivitis, and strep throat.
- Head lice is a concern seen each year. Please observe your child's head for lice. If your child does contract head lice, please notify the school nurse, who can help you with treatment protocol. Parents should assume that lice are present where children are, and should screen their own children on a weekly basis. If head lice are detected, an information packet for treatment will be sent home and the parents will be notified. Southeast Polk does not send students home who have head lice or nits present. One of the best preventatives for lice outbreaks is early detection by alert parents and staff members.
- All children should be closely observed for skin rashes or sores, since illnesses that cause rashes or sores can be highly contagious (i.e., ringworm, impetigo, scabies, etc.). Children with questionable rashes may be excluded from school at the discretion of the school nurse until seen by a physician and the condition is determined as noncontagious.