

RAMS

Volleyball Spike Nite

**4th / 5th / 6th
Graders
(Girls &
Boys)**

Spike Nite (12th Year) is a great opportunity for your 4th, 5th or 6th grade son or daughter to learn the sport of Volleyball in a fun and energetic environment. Our goal is to provide the opportunity to learn new skills, create new friendships, and understand what it means to participate in a team sport. **Register online at the SEP District RamMall.**

Our club teams and coaches will be participating as coaches and mentors. The cost includes a T-shirt and as many of the dates you can attend.

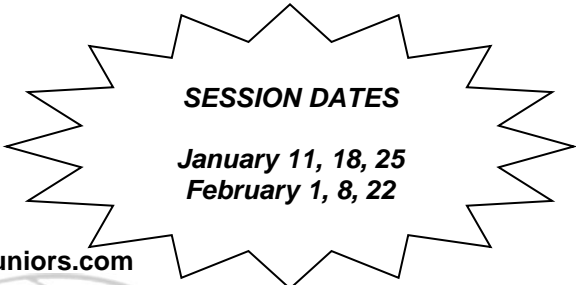
Lighter Volleyballs are used to ensure a great experience.



**REGISTER ONLINE AT THE SOUTHEAST
POLK DISTRICT - RamMall**

Information

Time: 6:00 – 8:00 pm
Dates: January 11, 18, 25; February 1, 8, 22;
Location: Delaware Elementary (4401 NE 46th Street, Des Moines)
Cost: \$40 – Includes T-Shirt & 6 Sessions
Contact: Text: 515-979-0627 Email: yballsix@gmail.com www.ramsjuniors.com



Name: _____
Parents' Names: _____
Phone: _____ **Emergency Phone:** _____
Email Address: _____

**Shirt
Size
(circle)**
YM
YL
AS
AM
AL

Parent's Release and Indemnity Agreement

To: Southeast Polk 2019 Spike Nite Volleyball Camp
In consideration of the acceptance of this application for enrollment in the camp, I/we, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Southeast Polk High School and all employees of the camp for any or all damages which may be sustained and suffered by me in connection with my/our association with, or entry into this camp, and which may arise out of my traveling to, participating in, or returning from this camp. I/we hereby grant permission for my/our child to be a participant in the camp and if an injury should occur during, traveling to or returning from the camp, I/we agree to pay for all costs, present and future, through my/our medical insurance policy and/or personal finances.

2019 Spike Nite Parent/Guardian Signature: _____ Date: _____

School: Altoona – Centennial – Clay – Delaware – Four Mile – Mitchellville – Runnells – Spring Creek – Willowbrook