



Dear Parent or Guardian:

Iowa Code 279.5 requires all Iowa school districts to provide instruction in human growth and development. Your child will receive this instruction as part of the Southeast Polk Community School District's overall health education curriculum for Kindergarten through 5th grade. Annual notice from the district can be found [here](#). Depending on your child's grade level, topics may include:

- Personal Safety
- The Human Body
- Healthy Relationships
- Decision Making
- Puberty – Physical and Emotional Changes (4th/5th)
- Human Reproduction (4th/5th)
- HIV/AIDS (5th)

You are welcome to contact your child's teacher to preview the lessons we'll be teaching your student.

The Southeast Polk Community School District acknowledges that parents/guardians are the primary human growth and development educators for their child/children and we are committed to partnering with you to provide supplementary resources to support you in this role, if you so desire.

Parents/guardians have the option of excluding their child from any portion of human growth and development instruction if it is in conflict with conscience, moral, or religious beliefs. If this is the case with your child, you may fill out the [Human Growth and Development Student Excused from Instruction](#) form and return to your student's principal.

Sincerely,

Dr. JoEllen Latham
Director of Curriculum and Instruction
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