



U9-U10 Academy

This program is for players to increase their development in the game of soccer. Teams play a fall and spring season, and indoor winter training is also offered.

Menace U9-U10 Academy Basics

Rec vs. Academy

The difference between rec soccer and U9-10 Academy really comes down to the commitment level of the player and parents, both financially and from a time standpoint. This list of characteristics can also help to determine if U9-U10 Academy is a good fit for your player.

- demonstrates a solid technical foundation
- physically stronger and/or quicker than most players their same age
- high level of coordination and agility
- demonstrates high level of focus and concentration during games/practices
- soccer is a high priority
- practices on their own
- U9/U10 player planning to tryout for select soccer

There are no tryouts and any players can sign-up—this list is just a guideline.

Player Ages—open to any U9 or U10, boys or girls born in 2009 and 2010.

Practices—two practices per week in the fall & spring; optional winter training 2 times per week

Coaching—Menace “pro” coaches will run practices and coach games as possible; parent “E-licensed” coaches provide support at practices and games

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Questions? Call Evan at 515-457-6367 or email evan.janssen@menacesoccer.com or Dan James at 515-490-6121 or email DWJ@MenaceSoccer.com.

U9-U10 Player Registration for 2018-19

Payment due with registration to: Des Moines Menace
 1459 Grand Ave,
 Des Moines, IA 50309

Checks payable to *Menace Academy*.
 Online registration at MenaceAcademy.com

Name _____ Child’s B-Day _____ Mom’s B-Day _____ Gender _____
 (month/day only)

Address _____ City _____ Zip _____

Phone _____ Email _____ Location: Des Moines or Grimes
 (please circle)

\$115 Indoor Training \$90 Futsal Champions League

Parent/Guardian Authorization

I hereby approve of my child’s participation in the U9-U10 Menace Academy soccer program. My child is currently covered by medical insurance. I understand I am responsible for any fees due to injuries my child may obtain while participating. I will in no way hold F.C. Des Moines, L.C., Menace Soccer Foundation, Soccer West Soccer Club, DCG Soccer Club, City of Grimes, The U, Iowa’s Sports University, Des Moines Public Schools, program directors, staff or any of their affiliates responsible for injuries resulting from participation in the U9-U10 Menace Academy soccer program. I give F.C. Des Moines L.C., permission to publish photographs or the likeness for promotional use without written consent unless the parent/guardian provides F.C. Des Moines L.C. with written notification that they object to this policy.

Parent’s Name (Print) _____ Parent’s Signature _____