

# AUGUST ELEMENTARY 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MENU READING GUIDE:</b> LUNCH ENTREE CHOICE ALTERNATIVE LUNCH ENTREE VEGGIE SIDE VEGGIE SIDE FRUIT SIDE BREAKFAST ENTREE				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
<b>BACON &amp; EGG BREAKFAST</b> 25 PIZZA W/SAUSAGE PATTY 2 <sup>ND</sup> CHOICE: POWER PACK WEDGE CUT FRIES BABY CARROTS DICED OR SLICED PEARS B - SNACK'N WAFFLE WELCOME BACK!	<b>ORANGE CHICKEN W/</b> 26 GARLIC RICE 2 <sup>ND</sup> : CHEESE MUNCHABLE STEAMED MIXED VEGGIES RED PEPPER STRIPS GOLDEN DELICIOUS APPLE B - YOGURT PARFAIT W/BLEUBERRIES & STRAWBERRIES	<b>CHICKEN TENDERS</b> 27 W/BUTTERED NOODLES 2 <sup>ND</sup> CHOICE: RAM PACK ROMAINE SALAD W/RANCH CELERY STICKS 100% REAL FROOT JUICE SMOOTHIE B - CINNAMON ROLL	<b>PEPPERONI PIZZA</b> 28 2 <sup>ND</sup> CHOICE: LUNCHMATE ROASTED CORN GREEN PEPPER STRIPS HONEYDEW & CANTALOUPE B - EGG & CHEESE PANCAKE SANDWICH	<b>GRILLED CHEESE</b> 29 SANDWICH 2 <sup>ND</sup> : TURKEY & CHEESE SANDWICH CALICO BEANS BABY CARROTS & RED PEPPERS STRAWBERRY APPLESAUCE CUP B - FRENCH TOAST STICKS W/SYRUP



**MEAL PRICES:**  
 ELEMENTARY BREAKFAST  
 \$1.90  
 ELEMENTARY LUNCH  
 \$3.00  
 REDUCED BREAKFAST  
 \$0.30  
 REDUCED LUNCH  
 \$0.40

### 2 WAYS TO PAY LUNCH ACCOUNT BALANCES

#1

Pay online through Ram Mall.  
 Visit:  
<https://www.southeastpolk.org/QuickLinks> > Ram Mall

#2

Bring cash or check to the front office of any building.



VISIT [WWW.SCHOOLCAFE.COM](http://WWW.SCHOOLCAFE.COM)  
 OR DOWNLOAD THE APP TO  
 VIEW MENUS, BALANCE  
 HISTORY & APPLY FOR FREE &  
 REDUCED MEALS.

A VARIETY OF MILK IS OFFERED EACH DAY. MENU SUBJECT TO CHANGE.  
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

# SEPTEMBER ELEMENTARY 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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<b>NO SCHOOL</b> <b>1</b>	<b>2</b> POPCORN CHICKEN W/BISCUIT 2 <sup>ND</sup> : PEPPERONI MUNCHABLE BAKED BEANS GRAPE TOMATOES HONEYCRISP APPLE B - PANCAKES W/SYRUP	<b>3</b> BREADED CHEESE STICKS W/ ITALIAN DIPPING SAUCE 2 <sup>ND</sup> CHOICE: SCOOPY PACK ROASTED BROCCOLI CUCUMBER SLICES RED ANJOU PEAR B - DUTCH WAFFLE	<b>4</b> CHICKEN SOFTSHELL TACO 2 <sup>ND</sup> CHOICE: BAGELMATE STEAMED CARROTS SHREDDED LETTUCE SALSA RED GRAPES B - SAUSAGE BREAKFAST PIZZA	<b>5</b> BBQ RIB PATTY ON A BUN 2 <sup>ND</sup> : ITALIAN COMBO SANDWICH CHEESY MASHED POTATOES ASSORTED FRESH VEGGIES STRAWBERRY CUPS B - EGG OMELET W/SAUSAGE PATTY
<b>8</b> CHEESE PIZZA 2 <sup>ND</sup> : POWER PACK STEAMED PEAS BABY CARROTS APPLE SLICES B - BAGEL W/JELLY OR CREAM CHEESE	<b>9</b> FRENCH TOAST STICKS 2 <sup>ND</sup> : CHEESE MUNCHABLE SAVORY CARROTS CELERY STICKS 100% REAL FRUIT PUNCH CUP B - YOGURT PARFAIT W/ANIMAL CRACKERS	<b>10</b> MANDARIN ORANGE CHICKEN W/FRIED RICE 2 <sup>ND</sup> CHOICE: RAM PACK STEAMED BROCCOLI RED PEPPER STRIPS BANANA B - BISCUIT & GRAVY W/CHEESE	<b>11</b> PASTA W/MEAT SAUCE & GARLIC TOAST 2 <sup>ND</sup> CHOICE: LUNCHMATE ROMAINE SALAD FRESH BROCCOLI BLUEBERRIES, PEACHES & GRAPES B - LIL' JOHN DONUT & STRING CHEESE	<b>12</b> WALKING TACO 2 <sup>ND</sup> : TURKEY & CHEESE SANDWICH REFRIED BEANS SHREDDED LETTUCE & SALSA FRUIT COCKTAIL B - BACON & EGG BREAKFAST PIZZA
<b>15</b> MINI WAFFLES SAUSAGE PATTY 2 <sup>ND</sup> CHOICE: PRETZEL PACK SWEET POTATO FRIES BABY CARROTS RAISELS B - MINI CINNI	<b>16</b> PULLED PORK SANDWICH 2 <sup>ND</sup> : PEPPERONI MUNCHABLE CRINKLE CUT FRIES FRESH BROCCOLI APPLESAUCE B - HAM, CHEESE & TATER TOT BOWL	<b>17</b> HOT HAM & CHEESE CROISSANT CHEEZ-ITS 2 <sup>ND</sup> CHOICE: SCOOPY PACK SWEET BEANS FRESH CAULIFLOWER FRESH WATERMELON B- EGGOJI WAFFLES W/SYRUP	<b>18</b> CHICKEN NACHOS 2 <sup>ND</sup> CHOICE: BAGELMATE STEAMED WINTER BLEND VEGGIES ROMAINE SALAD W/RANCH ORANGE WEDGES B- BISCUIT W/EGG & CHEESE	<b>19</b> STUFFED CRUST CHEESE OR PEPPERONI PIZZA 2 <sup>ND</sup> : ITALIAN COMBO SANDWICH ROASTED CARROTS ASSORTED FRESH VEGGIES SUNSET SALAD B - PANCAKE ON A STICK
<b>22</b> BOSCO STICKS 2 <sup>ND</sup> CHOICE: POWER PACK STEAMED GREEN BEANS BABY CARROTS DICED OR SLICED PEACHES B - SNACK'N WAFFLE	<b>23</b> ROTINI MAC N' CHEESE GARLIC ROLL 2 <sup>ND</sup> : CHEESE MUNCHABLE TACO FIESTA BEANS CUCUMBER SLICES FUJI APPLE B - YOGURT PARFAIT W/BLEUBERRIES & STRAWBERRIES	<b>24</b> REGULAR OR SPICY CHICKEN PATTY SANDWICH 2 <sup>ND</sup> CHOICE: RAM PACK MASHED POTATOES GRAPE TOMATOES 100% WHOLE FRUIT SLUSHIE CUP B - CINNAMON ROLL	<b>25</b> BBQ HAMBURGER OR HAMBURGER ON BUN 2 <sup>ND</sup> CHOICE: LUNCHMATE CHEESY VEGGIES RED PEPPER STRIPS MIXED MELON SALAD B - EGG & CHEESE PANCAKE BREAKFAST SANDWICH	<b>26</b> <b>BETTER BREAKFAST DAY</b> POTATO WEDGE TOTCHOS GOLDFISH CRACKERS 2 <sup>ND</sup> : TURKEY & CHEESE SANDWICH STEAMED BROCCOLI ASSORTED FRESH VEGGIES APPLE SLICES & GRAPES B - FRENCH TOAST STICKS <b>HOMECOMING WEEK</b> <b>ICE CREAM CELEBRATION FRIDAY</b>
<b>NO SCHOOL</b> <b>29</b>	<b>30</b> BREADED MOZZARELLA STICKS ITALIAN DIPPING SAUCE 2 <sup>ND</sup> : PEPPERONI MUNCHABLE MIXED GREENS SALAD W/RANCH FRESH BROCCOLI FRESH BARTLETT PEAR B - PANCAKES W/SYRUP			

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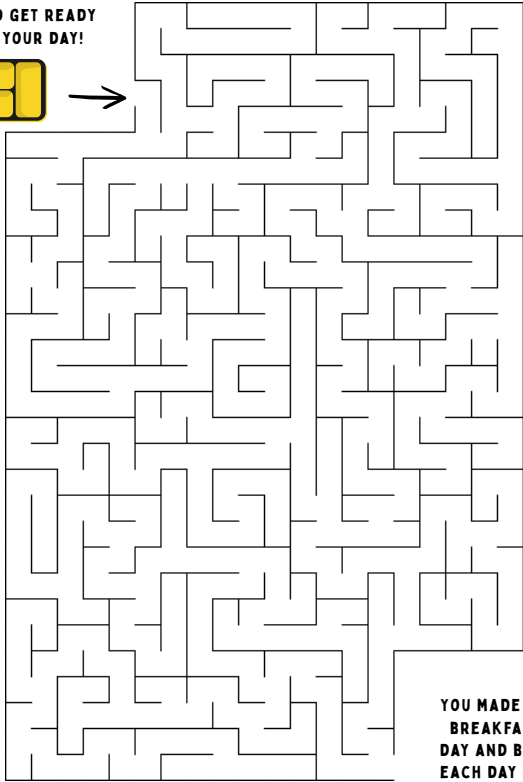
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# SEPTEMBER NEWSLETTER 2025



## A-MAZE-ING BREAKFAST "FUEL UP FOR A GREAT DAY!"

GRAB A TRAY - YOU'RE INVITED TO A FREE BREAKFAST DAY THIS SEPTEMBER! SO GRAB YOUR TRAY AND GET READY TO POWER UP YOUR DAY!



YOU MADE IT! EATING BREAKFAST EVERY DAY AND BEING HERE EACH DAY HELPS YOU DO YOUR BEST AT SCHOOL!



## WE'VE EXPANDED OUR ELEMENTARY BREAKFAST OPTIONS!

IN ADDITION TO THE MAIN BREAKFAST ENTREES, A VARIETY OF THE FOLLOWING CHOICES WILL BE AVAILABLE DAILY, SERVED WITH CHOICE OF YOGURT OR CHEESE AND FRUIT.

### CEREAL

- CINNAMON TOAST CRUNCH RS
- COCOA PUFFS RS
- TRIX RS
- CHEERIOS
- CINNAMON CHEX
- RICE CHEX

### CEREAL BARS

- CINNAMON TOAST CRUNCH
- COCOA PUFFS
- TRIX
- STRAWBERRY CHEERIO
- GOLDEN GRAHAM

### POP TARTS

- STRAWBERRY POP TART
- CINNAMON POP TART

### FRIDAY'S

- WILD BLUEBERRY MUFFIN
- BANANA MUFFIN
- CHOCOLATE MUFFIN

MAZE ANSWER:

