

JANUARY ELEMENTARY 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 NO SCHOOL	2 NO SCHOOL
CHICKEN ALFREDO GARLIC TOAST 5 2 ND CHOICE: PRETZEL PACK STEAMED GREEN BEANS BABY CARROTS MIXED FRUIT B - SAUSAGE BREAKFAST SANDWICH	POPCORN CHICKEN W/BISCUIT 6 2 ND : PEPPERONI MUNCHABLE BAKED BEANS GRAPE TOMATOES HONEYCRISP APPLE B - PANCAKES W/SYRUP	BREADED CHEESE STICKS W/ ITALIAN DIPPING SAUCE 7 2 ND CHOICE: SCOOPY PACK ROASTED BROCCOLI CUCUMBER SLICES PEAR B - DUTCH WAFFLE	CHICKEN SOFTSHELL TACO 8 2 ND CHOICE: BAGELMATE STEAMED CARROTS SHREDDED LETTUCE SALSA RED GRAPES B - SAUSAGE BREAKFAST PIZZA	BBQ RIB PATTY ON A BUN 9 2 ND : ITALIAN COMBO SANDWICH CHEESY MASHED POTATOES ASSORTED FRESH VEGGIES STRAWBERRY CUPS B - EGG OMELET W/SAUSAGE PATTY
CHEESE PIZZA 12 2 ND : POWER PACK STEAMED BROCCOLI BABY CARROTS APPLE SLICES B - BAGEL W/JELLY OR CREAM CHEESE 1/11 NATIONAL MILK DAY	FRENCH TOAST STICKS 13 2 ND : CHEESE MUNCHABLE BREAKFAST POTATOES CELERY STICKS 100% REAL FRUIT PUNCH CUP B - YOGURT PARFAIT W/ANIMAL CRACKERS	BBQ HAMBURGER 14 2 ND CHOICE: RAM PACK STEAMED CARROTS RED PEPPER STRIPS BANANA B - CHOCOLATE CROISSANT	PASTA W/MEAT SAUCE & GARLIC TOAST 15 2 ND CHOICE: LUNCHMATE ROMAINE SALAD FRESH BROCCOLI BLUEBERRIES, PEACHES & GRAPES B - LIL' JOHN DONUT & STRING CHEESE	WALKING TACO 16 2 ND : TURKEY & CHEESE SANDWICH REFRIED BEANS SHREDDED LETTUCE & SALSA FRUIT COCKTAIL B - BACON & EGG BREAKFAST PIZZA
19 NO SCHOOL	ALL BEEF HOTDOG ON A BUN 20 2 ND : PEPPERONI MUNCHABLE CRINKLE CUT FRIES FRESH BROCCOLI APPLESAUCE B - HAM, CHEESE & TATER TOT BOWL NATIONAL CHEESE LOVERS DAY	HOT TURKEY & CHEESE 21 CROISSANT W/CHEEZ-ITS 2 ND CHOICE: SCOOPY PACK SWEET BEANS FRESH CAULIFLOWER APPLE SLICES B- EGGOJI WAFFLES W/SYRUP	CHICKEN NACHOS 22 2 ND CHOICE: BAGELMATE STEAMED WINTER BLEND VEGGIES ROMAINE SALAD W/RANCH ORANGE WEDGES B - BISCUIT W/EGG & CHEESE	STUFFED CRUST CHEESE OR PEPPERONI PIZZA 23 2 ND : ITALIAN COMBO SANDWICH ROASTED CARROTS ASSORTED FRESH VEGGIES SUNSET SALAD B- PANCAKE ON A STICK
BOSCO STICKS W/ITALIAN DIPPING SAUCE 26 2 ND CHOICE: POWER PACK STEAMED GREEN BEANS BABY CARROTS DICED OR SLICED PEACHES B - EGG & CHEESE PANCAKE BREAKFAST SANDWICH	ROTINI CHEESEBURGER MAC GARLIC ROLL 27 2 ND : CHEESE MUNCHABLE TACO FIESTA BEANS CUCUMBER SLICES FUJI APPLE B - FRENCH TOAST STICKS W/SYRUP	POTATO WEDGE TOTCHOS 28 GOLDFISH CRACKERS 2 ND CHOICE: RAM PACK STEAMED BROCCOLI GRAPE TOMATOES GRAPES B - CINNAMON ROLL	MANDARIN ORANGE CHICKEN 29 W/FRIED RICE 2 ND CHOICE: LUNCHMATE STEAMED VEGGIES RED PEPPER STRIPS BULK APPLE SLICES B - SNACK N' WAFFLES BLUEBERRY OR MAPLE	REGULAR OR SPICY 30 CHICKEN PATTY SANDWICH 2 ND : TURKEY & CHEESE SANDWICH MASHED POTATOES ASSORTED FRESH VEGGIES 100% WHOLE FRUIT SLUSHIE CUP B - YOGURT PARFAIT W/BLEUBERRIES & STRAWBERRIES



MEAL PRICES:
 ELEMENTARY BREAKFAST \$1.90
 ELEMENTARY LUNCH \$3.00
 REDUCED BREAKFAST \$0.30
 REDUCED LUNCH \$0.40

2 WAYS TO PAY LUNCH ACCOUNT BALANCES

#1

Pay online through Ram Mall.
 Visit:
<https://www.southeastpolk.org/QuickLinks> > Ram Mall

#2

Bring cash or check to the front office of any building.



VISIT WWW.SCHOOLCAFE.COM
 OR DOWNLOAD THE APP TO VIEW MENUS, BALANCE HISTORY & APPLY FOR FREE & REDUCED MEALS.

A VARIETY OF MILK IS OFFERED EACH DAY. MENU SUBJECT TO CHANGE.
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

JANUARY NEWSLETTER 2026



DAIRY & DREAMS - A NEW YEAR MIX-UP

IT'S TIME TO CELEBRATE NATIONAL MILK DAY AND CHEESE LOVERS DAY WITH A TASTY TWIST! THESE DAIRY-POWERED WORDS ARE ALL MIXED UP IN THE PUZZLE. EACH ONE IS FULL OF ENERGY, STRENGTH, AND CHEESY GOODNESS TO HELP YOU KICK OFF THE NEW YEAR RIGHT. CAN YOU FIND THEM ALL AND START 2025 STRONG?

NRIEEDGZE

KMIL

RSTNGO

SECEHE

GOLAS

YUTGRO

TYHEHLA

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UALCICM

RTBTEU



ANSWER GUIDE:

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