

LIL' RAMS - JANUARY 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 NO SCHOOL	2 NO SCHOOL
5 CALIFORNIA MIXED FRUIT CUP	6 MOZZARELLA STRING CHEESE	7 NO SNACK	8 ASSORTED CEREAL BARS	9 STRAWBERRY CUPS
12 APPLE SLICES	13 BANANA	14 NO SNACK	15 SCOOBY GRAHAMS	16 COLBY JACK CHEESESTICK
19 NO SCHOOL	20 ASSORTED CEREAL	21 NO SNACK	22 ORANGE WEDGES	23 BLUEBERRY MUFFIN
26 CRUNCH N CRAVE CRACKERS	27 CHEESE CUBES	28 NO SNACK	29 RED PEPPER STRIPS WITH RANCH	30 WHOLE FROZEN FRUIT CUP



A SNACK AND A SMILE
"A NEW YEAR'S HERE, HOORAY AGAIN!
LET'S SNACK AND PLAY WITH ALL OUR FRIENDS. SOME APPLES, CRACKERS, MAYBE A DIP— AND LOTS OF WATER FOR A SIP!"

☞ GROWN-UP TIP: REINFORCE HEALTHY HYDRATION WITH WATER AND KEEP POST-NAP SNACKS LIGHT AND NOURISHING —SOMETHING THEY CAN EAT IN 5-10 MINUTES.

MILK OFFERED WITH SNACK DAILY. MENU SUBJECT TO CHANGE.
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.