

OCTOBER 2026 - FFVP

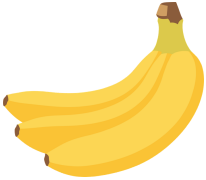
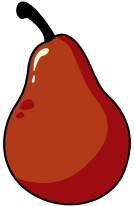
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				
JONATHON APPLE 5	BANANAS 6	7	BLUEBERRIES 1	CAULIFLOWER 2
		NO SNACK		
GRANNY SMITH APPLE 12	RED PEAR 13	14	GREEN PEPPERS 8	YELLOW SQUASH 9
		NO SNACK		
19	BABY CARROTS 20	21	15	16
NO SCHOOL		NO SNACK	NO SNACK	NO SCHOOL
26	PINK LADY APPLE 27	28	RED GRAPES 22	SUGAR SNAP PEAS 23
		NO SNACK		
			RED PEPPERS 29	ZUCCHINI SQUASH 30
				



THE FRESH FRUIT & VEGGIE GRANT IS SEP'S FREE PRODUCE PROGRAM OFFERED TO STUDENTS AT ALTOONA & WILLOWBROOK ELEMENTARIES BASED ON FREE/REDUCED PERCENTAGES.

SUGAR SNAP PEAS ARE A CROSS BETWEEN SNOW & GARDEN PEAS

THERE ARE 3-8 PEAS IN EACH POD

SNAP PEAS GROW BEST IN COOL WEATHER