

LIL' RAMS - OCTOBER 2026



CRUNCH GOES THE CARROT!
"CRUNCHY SNACKS HELP US GROW TALL, RUN REAL FAST, AND KICK THE BALL!
A CARROT, A PEPPER, A CELERY STICK—
CRUNCH, CRUNCH, CRUNCH—COME TAKE YOUR PICK!"

👉 GROWN-UP TIP: TALK ABOUT THE COLOR OF YOUR CHILD'S SNACK WITH THEM SUCH AS THE COLOR OF THEIR CARA CARA ORANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 GOLDFISH GRAHAMS
2 CARA CARA ORANGES	5 CHEEZ ITS	6 PEAR CUPS	7 NO SNACK	8 COLBY JACK CHEESE STICK
9 CEREAL BOWL W/MILK	12 DOUBLE CHOCOLATE MUFFIN	13 CINNAMON APPLESauce CUP	14 NO SNACK	15 DRIED CRANBERRIES
16 NO SCHOOL	19 NO SCHOOL	20 WHOLE FROZEN FRUIT CUP	21 NO SNACK	22 BISCUIT W/BUTTER PAT
23 APPLE CRISP SNACKS	26 STRAWBERRY CUPS	27 SIMPLY CHEDDAR MIX	28 NO SNACK	29 HARDBOILED EGG
30 ROLL W/BUTTER PAT				

MILK OFFERED WITH SNACK DAILY. MENU SUBJECT TO CHANGE.
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.