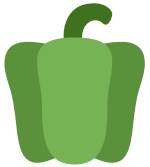
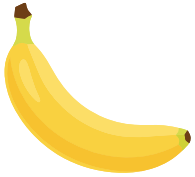
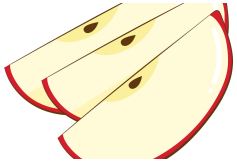
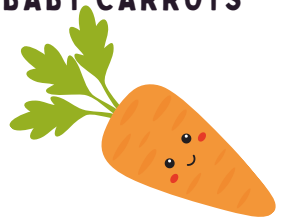
DECEMBER 2026 - FFVP

Southeast Polk
FOOD AND NUTRITION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 PEAR 	2 NO SNACK	3 CAULIFLOWER 	4 GREEN PEPPERS 
7 RED DELICIOUS APPLE 	8 BANANA 	9 NO SNACK	10 BROCCOLI 	11 CELERY STICKS 
14 APPLE SLICES 	15 BABY CARROTS 	16 NO SNACK	17 CHERRY TOMATOES 	18 GOLDEN DELICIOUS APPLE 
21 GRANNY SMITH APPLE 	22 NO SNACK	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	

THE FRESH FRUIT & VEGGIE GRANT IS SEP'S FREE PRODUCE PROGRAM OFFERED TO STUDENTS AT ALTOONA & WILLOWBROOK ELEMENTARIES BASED ON FREE/REDUCED PERCENTAGES.

CHERRY TOMATOES CAN BE AS SMALL AS A FINERTIP OR AS LARGE AS A GOLF BALL

THEY ARE OFTEN USED IN SALADS

THEY ARE BELIEVED TO HAVE BEEN FIRST GROWN IN THE 1400S

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.