DECEMBER ELEMENTARY 2026

Southeast Polk
FOOD AND NUTRITION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CHEESY RAM STICKS W/ ITALIAN DIPPING SAUCE 2ND : PEPPERONI MUNCHABLE STEAMED BROCCOLI CUCUMBER SLICES RED DELCIOUS APPLE B - CHICKEN JUNIOR BISCUIT EAT A RED APPLE DAY!	**2** BREADED PORK TENDERLOIN W/MASHED POTATOES BREAD N'BUTTER 2ND CHOICE: SCOOBY PACK CELERY STICKS MIXED BERRY CUPS B - FROSTED CINNAMON ROLL	**3** SOFTSHELL TURKEY TACO 2ND : BAGELMATE W/CREAM CHEESE STEAMED CORN RED PEPPER STRIPS SHREDDED ROMAINE LETTUCE APPLE SLICES & GRAPES B - PANCAKE SAUSAGE BITES W/YOGURT CUP	**4** DEEP DISH PIZZA 2ND : ITALIAN COMBO SANDWICH STEAMED CARROTS ASSORTED FRESH VEGGIES PINEAPPLE TIDBITS B - MUFFIN W/MOZZARELLA OR COLBY JACK CHEESE STICK
7 CHICKEN PATTY SANDWICH 2ND CHOICE: POWER PACK BAKED BEANS BABY CARROTS APPLESAUCE B - DUTCH WAFFLE	**8** BEACON STREET STICKS W/ITALIAN DIPPING SAUCE 2ND CHOICE: CHEESE MUNCHABLE STEAMED PEAS RED PEPPER STRIPS DICED OR SLICED PEACHES B - BACON & EGG BREAKFAST PIZZA	**9** EGGSTRAVAGANZA W/ PANCAKES & WHIPPED TOPPING 2ND CHOICE: RAM PACK TATER TOTS CUCUMBERS STRAWBERRIES B - BREAKFAST BAGEL SANDWICH W/SAUSAGE & CHEESE CLAY'S STUDENT CRAFTED MENU MRS. KEPHART & MS. SKINNER'S CLASS	**10** BEEF & CHEESE NACHOS 2ND CHOICE: LUNCHMATE SHREDDED ROMAINE LETTUCE CAULIFLOWER APPLE SLICES B - MINI WAFFLES W/SYRUP	**11** STUFFED CRUST PEPPERONI PIZZA 2ND : TURKEY SANDWICH STEAMED MIXED VEGGIE TRIO BABY CARROTS & RED PEPPER STRIPS ORANGE WEDGES B - CROISSANT W/CHOCOLATE DRIZZLE
14 BACON EGG & CHEESE BREAKFAST PIZZA W/ SAUSAGE PATTY 2ND: WARM PRETZEL PACK SWEET POTATO FRIES BABY CARROTS PINEAPPLE TIDBITS B - CROISSANT W/SAUSAGE & CHEESE	**15** CHICKEN TENDERS BREAD N' BUTTER 2ND : PEPPERONI MUNCHABLE STEAMED CORN CUCUMBER SLICES DICED OR SLICED PEARS B - CHEESY SCRAMBLED EGGS W/TOAST	**16** CHEESEBURGER OR HAMBURGER 2ND CHOICE: SCOOBY PACK BAKED BEANS FRESH BROCCOLI FLORETS SUNSET FRUIT SALD B - YOGURT PARFAIT W/STRAWBERRIES & BLUEBERRIES	**17** POTATO TOTCHOS W/GARLIC ROLL 2ND CHOICE: BAGELMATE STEAMED BROCCOLI BABY CARROTS WHOLE FRUIT SLUSHIE B - SAUSAGE BREAKFAST PIZZA	**18** SNOWY CHEESE BREAD W/ITALIAN DIPPING SAUCE 2ND: HOLIDAY HERO ITALIAN SANDWICH WINTER GREEN BEANS FESTIVE PEPPER STRIPS RUBY RED GRAPES B - CINNAMON SUGAR SNOWBALL DONUTS FESTIVE MENU!
21 FRENCH TOAST STICKS 2ND CHOICE: POWER PACK BREAKFAST POTATOES BABY CARROTS 100% APPLE JUICE B - WAFFLE SANDWICH W/EGG & CHEESE	**22** HOT DOG ON A BUN 2ND: CHEESE MUNCHABLE SWEET BEANS ASSORTED FRESH VEGGIES ASSORTED FRUIT CHOICES B - EGGSTRAVAGANZA W/TATER TOTS	**23** NO SCHOOL	**24** NO SCHOOL	**25** NO SCHOOL
28 NO SCHOOL	**29** NO SCHOOL	**30** NO SCHOOL	**31** NO SCHOOL MENU READING GUIDE: LUNCH ENTREE CHOICE ALTERNATIVE LUNCH ENTREE VEGGIE SIDE VEGGIE SIDE FRUIT SIDE BREAKFAST ENTREE	

A VARIETY OF MILK IS OFFERED EACH DAY. MENU SUBJECT TO CHANGE.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MEAL PRICES:

ELEMENTARY BREAKFAST
$1.90
ELEMENTARY LUNCH
$3.00
REDUCED BREAKFAST
$0.30
REDUCED LUNCH
$0.40



schoolcafé

VISIT WWW.SCHOOLCAFE.COM OR DOWNLOAD THE APP TO VIEW MENUS, BALANCE HISTORY & APPLY FOR FREE & REDUCED MEALS.

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CRUNCH INTO WINTER!

CELEBRATE EAT A RED APPLE DAY BY CRUNCHING INTO A TASTY APPLE, THEN CRUNCH THE NUMBERS TO COMPLETE THE PUZZLE BELOW. HEALTHY FUEL AND A SHARP MIND MAKE A GREAT TEAM!

						20
					4	18
				4		16
						15
					1	18
						22
			0			8
17	15	14	10	24	17	14

PUT YOUR MATH SKILLS TO THE TEST!
SOME NUMBERS ARE MISSING! FILL IN THE BLANKS USING NUMBERS 0–5. CHECK YOUR WORK BY MAKING SURE THE ROWS, COLUMNS, AND DIAGONAL LINES ALL ADD UP TO THE NUMBERS SHOWN.

COLORING CONTEST WINNERS

THANKS TO ALL OF OUR SEP STUDENTS WHO PARTICIPATED IN OUR NATIONAL SCHOOL LUNCH WEEK COLORING CONTEST! WE LOVED SEEING YOUR CREATIVE DRAWINGS!

WE HAD THREE FINALISTS:

JADE YOUNT
(5TH GRADE FROM RUNNELLS ELEMENTARY)

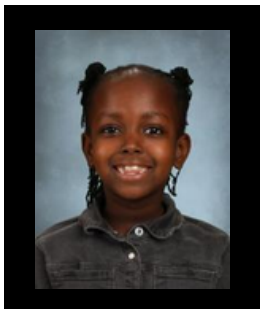
EMERSYN VERMEER
(4TH GRADE FROM RUNNELLS ELEMENTARY)

EVA KARORI
(2ND GRADE FROM CLAY ELEMENTARY)

ALL THREE FINALISTS WILL HAVE THEIR DRAWING FEATURED ON AN UPCOMING MENU!







WORD PUZZLE ANSWER:
GRATEFUL HEARTS GROW HERE!

						20
4	3	2	0	5	4	18
3	3	0	4	4	2	16
1	1	2	1	5	5	15
4	3	5	1	4	1	18
3	4	2	4	4	5	22
2	1	3	0	2	0	8
17	15	14	10	24	17	14

HEALTH IS WEALTH