LIL' RAMS - DECEMBER 2026

Southeast Polk
FOOD AND NUTRITION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 GOLDFISH CRACKERS	2 NO SNACK	3 PEAR CUPS	4 ASSORTED CEREAL BOWLS
7 APPLE CRISP SNACKS	8 GOLDFISH GRAHAMS	9 NO SNACK	10 APPLESAUCE CUP	11 ASSORTED CEREAL BOWLS
14 DOUBLE CHOCOLATE MUFFIN	15 MOZZARELLA STRING CHEESE	16 NO SNACK	17 ORANGE WEDGES	18 SIMPLY CHEDDAR CHEX MIX
21 BLUEBERRY MUFFIN	22 ASSORTED YOGURT CUPS	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	

MILK OFFERED WITH SNACK DAILY. MENU SUBJECT TO CHANGE.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

DECEMBER DAYS CAN BRING THE SLEET, WE ARE SO THANKFUL FOR A HEALTHY TREAT!

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👉 GROWN-UP TIP: STAYING HEALTHY DURING THE HOLIDAY SEASON CAN BE A CHALLENGE. ENCOURAGE FRUITS & VEGGIES DURING THE HOLIDAYS IN PLACE OF SOME OF THE TEMPTING BUT LESS HEALTHY OPTIONS